

2026 年第四期春假奥兰多高尔夫训练营兼参加 US Kids 联赛

- 时间：星期一，3 月 16 日至星期五，3 月 20 日
- 地点：Grande Vista Golf Club

训练时间：

- 早上 8 点至下午 6 点

训练内容：

- 8 点-12 点：长短杆挥杆训练
- 12-1 点：午餐
- 1-3 点：推杆训练
- 3 点-6 点：下场 9 洞实战训练

训练目标：

参加第四期春假高尔夫训练营的学员将努力达到以下目标：

1. 强化高尔夫三项技巧（挥杆，短杆，推杆）训练，增加挥杆距离，提高短杆击球的准确率，保持推杆的稳定性
2. 加强在 40 码以内短杆的练习，提升在 40 码范围内短杆击球到旗杆 10 码范围内的准确率。练习 20 码范围内切杆到旗杆 3 码范围内的准确率。强化沙坑的练习，提高在沙坑中救球的熟练程度
3. 通过每日 9 洞球场实战训练；提高自我球场管理能力，发挥自身训练技巧；利用球场地形和天气条件，提高球场策略和合理选择落球点；应用高尔夫比赛规则，培养团队精神和良好的行为准则
4. 测试青少年高尔夫三项技巧；提高参加安省高尔夫协会举办的各类男女青少年省级锦标赛的实战成绩

训练营费用：

- **\$2300 加元（\$1800 加元学费 + \$500 加元球场使用费）**
- 包括练习场训练用球，切杆和推杆场地用球，9 洞实战训练和高尔夫球车使用费

报名与付款：

- 报名截止日期：2 月 15 日（星期日）
- 付款截止日期：2 月 22 日（星期日）
（注意：费用一经缴纳，恕不退款）

教练团队：

- 邵文钦：A 级职业高尔夫教练
- Colton Willie（报名人数超过 8 人时加入）



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装备要求:

- 自带球杆, 手套, 球鞋, 防晒和防雨器具;
- 自备午餐, 晚餐及零食 (亦可在球场餐厅购买)

US Kids 联赛:

- 比赛日期: 2026 年 3 月 15 日和 3 月 22 日 (待定)
- 比赛地点: 待定, 奥兰多
- 报名截止日期: 待定
- 报名费用: \$150 美元 (自理)
- 比赛训练和指导费用: \$300 加元/天
- 说明: US Kids 比赛成绩将作为日后报名参加美国青少年高尔夫赛事的资格参考

住宿推荐:

1. 推荐旅馆: Marriott's Grande Vista
 - 地址: 5925 Avenida Vista, Orlando, Florida, USA, 32821
 - 特点: 走路就能到达训练球场, 方便
2. 选择旅馆: (走路就能到达训练球场)
 - 旅馆: La Quinta Inn and Suites
 - 地址: 11545 International Drive, Orlando, FL 32836

交通安排:

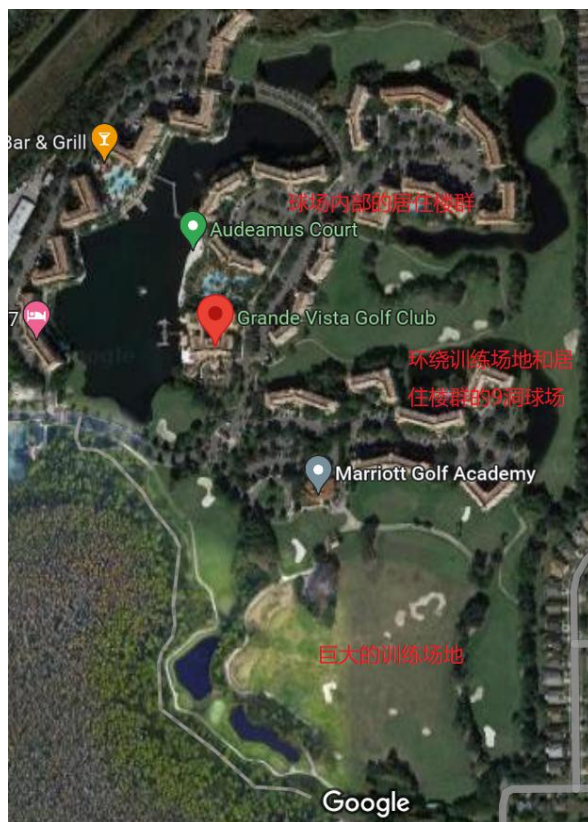
- 自理: 自行决定搭乘飞机或自驾前往
- 请务必于 3 月 15 日之前抵达旅馆

注意事项:

- 确认团体预订的旅馆和自行预订的机票
- 检查护照有效期
- 核实美国签证状态
- 若孩子由其他家长陪同, 请准备委托证明

报名联系人: 邵文钦

- 电话: 647-613-5115
- 电邮: wenqin_shao@yahoo.ca



2026 March Break Golf Camp & US Kids Local Tournament

- Date: Monday, March 16 to Friday, March 20
- Location: Grande Vista Golf Club

Training Schedule:

- 8:00 AM - 6:00 PM

Daily Training Details:

- 8am - 12am: Swing & short game
- 12pm: Lunch & Break
- 1pm - 3pm: Putting Practice
- 3pm - 6pm: On-course training (9 holes)



Training Goals:

1. Increase swing distance, improve short-game accuracy, maintain putting consistency,
2. Improve accuracy within 40 yards to land within 10 yards of the flag, practice chip shots within 20 yards to land within 3 yards of the flag, strengthen bunk play and in sand saving,
3. Develop self-management skills through daily 9-hole practice, adapt to course conditions and strategies, apply golf rules and foster teamwork and sportsmanship,
4. Evaluate three golf skills, enhance performance in championship tournaments.



Fees:

- **\$2300 CAD (\$1800 tuition + \$500 course access fee)**
- Includes practice range balls, short-game and putting facility, 9-hole on course training and golf cart rental.

Registration and Payment:

- Registration: February 15 (Sunday)
- Payment: February 22 (Sunday)
- Note: Fees are non-refundable



Coaching Team:

- Wenqin Shao; Class "A" Teaching Professional (CPGA)
- Colton Willie: (if registrations exceed 8 participants)

2026 March Break Golf Camp & US Kids Local Tournament

Equipment Requirements:

- Bring your own clubs, gloves, shoes, sunscreen and rain gear,
- Bring your own lunch and snacks (Or purchase at the golf course).

US Kids Tournament:

- **Date:** March 15 and March 22, 2026
- **Location:** TBD, Orlando
- **Registration Deadline:** TBD, 2026
- **Registration Fee:** ≈\$150 USD (self-funded)
- **Tournament Training Fee:** \$300 CAD/day
- **Note:** US Kids Tournament results will be recorded as qualifications for junior golf events in the US



Accommodations (walking distance to course):

1. Marriott's Grande Vista
 - Address: 5925 Avenida Vista, Orlando, Florida, USA, 32821
2. La Quinta Inn and Suites
 - Address: 11545 International Drive, Orlando, FL 32836

Transportation:

- Can choose to fly or drive
- Please arrive at your hotel no later than March 15

Important Notes:

- Confirm hotel booking and travel arrangements
- Check passport validity
- Verify US visa status

Contact: Wenqin Shao

- Phone: 647-613-5115
- Email: wenqin_shao@yahoo.ca

